

1000 meter vrijeslag dames / female

NKAIS

1	1	Cynthia Koolman	13:38,26
2	2	Janneke Harmsen-Bakker	14:55,26
	3	<i>Kerstin Thomas</i>	16:30,92
3	4	Elisa de Vries	16:33,49
	5	Linda Hoogendam	17:04,26
	6	Iris van Aurich	17:16,97
	7	Lilianne Sweere	17:26,27
	8	Karin van Nassau	17:55,79
	9	Inge Wolfs	19:19,50
	10	<i>Stephanie Smet</i>	21:19,22
	11	<i>Sophie François</i>	23:32,73
	12	<i>Katja Hansson</i>	23:56,55
	13	<i>Heike Sator</i>	27:55,46
	14	<i>Cecilia Hazlerigg</i>	DNS
	15	<i>Barbara Resch</i>	DNS

1000 meter vrijeslag heren / male

NKAIS

	1	<i>Joseba Aingeru Saezmiera Abarrategui</i>	13:37,29
	2	<i>Nikolaj Kuhn</i>	15:02,81
	3	<i>Christian N. Schunck</i>	15:28,96
1	4	Alexander Schilder	15:56,40
	5	<i>Remy Christophe</i>	16:29,10
	6	<i>Jonas Coene</i>	16:30,40
2	7	Albert Stienezen	16:33,94
3	8	Paul de Waard	16:40,71
	9	Steven Koorevaar	17:14,60
	10	<i>Florian Battermann</i>	17:14,86
	11	<i>Ryusaku KUBOTA</i>	17:48,00
	12	Gijs Lelie	17:48,42
	13	Mark Thies	17:52,54
	14	Christian Carlie	18:46,29
	15	Edwin Romijn	18:58,32
	16	<i>Mercier Jean-Philippe</i>	19:04,91
	17	Theo van der Meer	20:05,08
	18	Hanc de Bokx	22:11,16
	19	<i>Louis PELERIN</i>	24:49,72
	20	Julian Kramer	25:18,59
	21	<i>Ram Barkai</i>	DNF

250 meter vrijeslag dames / female

NKAIS

1	1	Anneke Veenstra	03:39,67
	2	<i>Frankie Jackson</i>	03:40,90
2	3	Petra Guijt	03:43,67
3	4	Elisa de Vries	04:11,69
	5	Ingrid Versteegen	04:27,46
	6	Machteld Stilting	04:32,99
	7	Naomi Apfelbaum-Lubek	04:59,11
	8	Marlies Melenhorst	05:17,21
	9	Iman van Rossum	05:45,28
10		Caroline Stel	06:06,53
11		<i>Elsa Weiner</i>	06:12,43
12		<i>Christina Weiner</i>	06:25,48
13		Narriman Meijssen	06:30,30
14		<i>Silke Tacke</i>	06:33,30
15		<i>CHIARA NEGRETTI</i>	06:34,50
16		Svitlana Demeniuk	07:11,00
17		<i>Erika Franck</i>	07:33,06
18		Caroline Kruger	DNF

250 meter vrijeslag heren / male

NKAIS

	1	<i>Cristian Virgil Tranulea</i>	03:09,79
	2	<i>Joseba Aingeru Saezmiera Abarrategui</i>	03:11,54
	3	<i>Nikolaj Kuhn</i>	03:22,98
1	4	Fergil Hesterman	03:31,21
	5	<i>Christian N. Schunck</i>	03:33,81
	6	<i>Nicolas Verel</i>	03:33,90
2	7	Roland van den Enden	03:36,51
3	8	Alexander Schilder	03:39,09
	9	Albert Stienezen	03:41,89
	10	<i>Jonas Coene</i>	03:43,31
	11	<i>Giacomo Manzoni</i>	03:57,37
	12	Michiel Vervoort	03:59,20
	13	<i>Waldo Thienpont</i>	04:05,90
	14	Mark Thies	04:09,62
	15	Alfred Berendsen	04:13,50
	16	Christian Carlie	04:20,66
	17	Theo van der Meer	04:35,79
	18	<i>Michael Tsang</i>	04:36,56
	19	<i>George Harris</i>	04:57,00
	20	<i>Tomas Pudil</i>	05:07,94
	21	<i>Vincent Schipper</i>	06:17,70
	22	<i>Frank Weiner</i>	06:17,74
	23	Ken-Rick Leeftang	07:27,09
	24	<i>Stanislas Barthelemy</i>	DNS
	25	<i>Ram Barkai</i>	DNS
	26	<i>Berker Goker</i>	DNS

4x250 meter estafette / relay

NKAIS

1	1	Cold as Ice	<u>15:05,21</u>	
2	2	Amsterdam Ice Swim	<u>15:39,69</u>	
3	3	Plons	<u>16:49,47</u>	
	4	<i>Belgium Ice Swim Team</i>	<u>18:29,34</u>	
	5	<i>Dresden Unverfroren</i>	<u>23:23,21</u>	BM

100 meter vrijeslag dames / female

NKAIS

1	1	Janneke Harmsen-Bakker	01:10,30
	2	<i>Wendy Gerritsen</i>	01:16,37
2	3	Eline van der Wal	01:18,12
	4	<i>Frankie Jackson</i>	01:20,57
	5	<i>Nelleke Ernsting</i>	01:24,07
3	6	Inken Wemheuer	01:24,76
	7	Elisa de Vries	01:25,03
	8	Mignon Willems	01:29,19
	9	<i>Tina Deeken</i>	01:30,79
	10	<i>Helene Ramstad</i>	01:31,82
	11	Inge Wolfs	01:32,20
	12	Laura Groen	01:37,17
	13	<i>Anouk Pappot</i>	01:38,35
	14	<i>Nienke Hendriks-Tuininga</i>	01:39,01
	15	Naomi Apfelbaum-Lubek	01:46,45
	16	Evelien van wiggen	01:50,37
	17	<i>Charlotte Bruns</i>	01:50,58
	18	Iman van Rossum	01:53,54
	19	<i>Katja Hansson</i>	01:55,23
	20	Sabine Wildevuur	01:56,14
	21	<i>Heleen Tollenaar</i>	01:57,92
	22	Ilse Smit	02:02,55
	23	<i>Ingrid Schudde</i>	02:06,24
	24	Marleen Keijlard	02:08,48
	25	<i>Annelies Hoonakker</i>	02:11,09
	26	Caroline Stel	02:14,57
	27	<i>Judy Shamoun-Baranes</i>	02:17,23
	28	<i>Erika Franck</i>	02:20,49
	29	<i>Boukje de Haas</i>	02:20,87
	30	Narriman Meijssen	02:26,29
	31	<i>Ruth Schotborgh</i>	02:39,58
	32	<i>Rita Breebaart</i>	02:43,91
	33	Diana Kraa	02:44,76
	34	Tanja Moltchanova	02:59,41
	35	Nicky Hutzezon	03:18,30
	36	<i>PENELOPE OTAPASIDOU</i>	DNF
	37	<i>Aline Vos</i>	DNS
	38	<i>Stefanie de Niet</i>	DNS
	39	Narriman Meijssen	DNS
	40	<i>Simone Westhof-Wessels</i>	DNS
	41	Jacqueline Simons	DNS

De in de uitslagen cursief gedrukte namen nemen geen deel aan het NK. The names printed in italics in the results do not participate in the National Championships.

42 *Helen Vrielink Kool*
43 Caroline Kruger
44 *Barbara Resch*
45 Marieke Weiss
46 Judith Sijbers
47 *CHIARA NEGRETTI*

DNS

DNS

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expert 
Winkelcentrum
Diemerplein

De in de uitslagen cursief gedrukte namen nemen geen deel aan het NK. The names printed in italics in the results do not participate in the National Championships.

100 meter freestyle heren / male

NKAIS

1	<i>Cristian Virgil Tranulea</i>	01:04,84
2	<i>Nikolaj Kuhn</i>	01:06,10
3	<i>Joseba Aingeru Saezmiera Abarrategui</i>	01:11,20
4	<i>Carlo Pappot</i>	01:13,23
5	<i>Jonas Coene</i>	01:13,71
6	<i>Christian N. Schunck</i>	01:14,06
7	<i>Tobias Prüßner</i>	01:14,15
8	<i>Wouter Hoonakker</i>	01:14,94
1 9	Roland van den Enden	01:15,11
2 10	Albert Stienezen	01:16,30
3 11	Steven Koorevaar	01:20,21
12	Michiel Vervoort	01:20,37
13	<i>Florian Battermann</i>	01:20,49
14	<i>Ben Hogan</i>	01:22,57
15	Gaurav Chandrashekar	01:24,61
16	Mark Thies	01:24,96
17	Christian Carlie	01:31,74
18	Theo van der Meer	01:36,43
19	<i>Saimir Karaj</i>	01:38,02
20	Olof Snijders	01:46,05
21	Bert van Rossum	01:49,82
22	<i>Raymundo van Egmond</i>	02:35,66
23	<i>Niklas Kalcher</i>	DNS
24	<i>Philippe Favard</i>	DNS
25	Richard Broer	DNS

500 meter vrijeslag dames / female

NKAIS

1	1	Anneke Veenstra	07:44,47
2	2	Petra Guijt	07:50,14
3	3	Elisa de Vries	08:01,20
	4	Linda Hoogendam	08:18,61
	5	Lilianne Sweere	08:29,71
	6	Marije Dirkx	08:50,08
	7	Ingrid Versteegen	09:16,16
	8	<i>Stephanie Smet</i>	10:19,94
	9	Marlies Melenhorst	10:25,60
10		<i>Katja Hansson</i>	11:14,36
11		Els Wermenbol	12:11,75
12		Caroline Stel	12:12,56
13		<i>Heike Sator</i>	13:37,89
14		<i>Bibi Zwolman</i>	14:55,16
15		Cora Kombrink	DNS
16		<i>PENELOPE OTAPASIDOU</i>	DNS

500 meter vrijeslag heren / male

NKAIS

	1	<i>Joseba Aingeru Saezmiera Abarrategui</i>	06:44,91
	2	<i>Nikolaj Kuhn</i>	07:09,87
	3	<i>Christian N. Schunck</i>	07:16,29
1	4	Alexander Schilder	07:42,66
2	5	Albert Stienezen	07:44,67
	6	<i>Jonas Coene</i>	07:50,13
	7	<i>Florian Battermann</i>	08:08,03
	8	<i>Waldo Thienpont</i>	08:19,16
3	9	Mark Thies	08:22,03
	10	<i>Ryusaku KUBOTA</i>	08:33,30
	11	<i>Ram Barkai</i>	08:51,72
	12	Michiel Vervoort	08:58,06
	13	<i>Mercier Jean-Philippe</i>	09:02,27
	14	<i>Giacomo Manzoni</i>	09:06,86
	15	Christian Carlie	09:09,07
	16	Alfred Berendsen	09:09,61
	17	<i>Michael Tsang</i>	09:27,80
	18	Theo van der Meer	09:37,11
	19	Edwin Romijn	09:47,39
	20	<i>Reiko Tacke</i>	09:58,43
	21	Jan-Pieter Mondria	10:05,92
	22	Nick Luijt	10:18,59
	23	<i>Frank Koninckx</i>	DNS
	24	Jan Willem Zuilhof	DNS
	25	<i>Berker Goker</i>	DNS

100 meter schoolslag dames / female

NKAIS

1	1	Janneke Harmsen-Bakker	01:30,10
2	2	Eline van der Wal	01:34,12
	3	<i>Frankie Jackson</i>	01:42,01
3	4	Anneke Veenstra	01:42,83
	5	Mignon Willems	01:46,00
	6	Inge Wolfs	01:49,71
	7	<i>Nicole Kruettgen</i>	01:51,12
	8	Karin van Nassau	01:53,03
	9	Laura Groen	01:56,88
	10	Naomi Apfelbaum-Lubek	01:57,05
	11	Marlies Melenhorst	02:02,15
	12	<i>Simone Huisman</i>	02:02,77
	13	<i>Tina Deeken</i>	02:09,44
	14	<i>Pauline Ubels</i>	02:11,97
	15	<i>Katja Hansson</i>	02:12,66
	16	<i>Anna van Velzen</i>	02:13,86
	17	<i>Ira Spannenburg</i>	02:14,21
	18	Ilse Smit	02:14,72
	19	Evelien van wiggen	02:15,07
	20	<i>Stephanie Both</i>	02:18,95
	21	<i>Ingrid Schudde</i>	02:21,07
	22	Caroline Stel	02:22,83
	23	<i>Aline Vos</i>	02:31,38
	24	<i>Carlijn Oomen</i>	02:40,60
	25	Jeannine Sijbring	02:49,40
	26	<i>Erika Wilders</i>	02:49,43
	27	<i>Ursela Bijlsma- van Huik</i>	02:56,56
	28	<i>Marijke Dijt</i>	02:57,28
	29	<i>Nicole van Damme</i>	02:57,96
	30	<i>Inge Westhof</i>	03:02,76
	31	<i>Lisette Lieverse</i>	DNS
	32	Diana Kraa	DNS
	33	<i>Colinda Post</i>	DNS
	34	Judith Sijbers	DNS
	35	<i>CHIARA NEGRETTI</i>	DNS
	36	Caroline Kruger	DNS
	37	Iris van Aurich	DNS
	38	Marije Dirkx	DNS

100 meter schoolslag dames / female

100 meter schoolslag heren / male

NKAIS

	1	<i>Jonas Coene</i>	01:24,14
1	2	Erik Bloemendaal	01:28,79
2	3	Roland van den Enden	01:30,86
	4	<i>Cristian Virgil Tranulea</i>	01:37,23
	5	<i>Tobias Prüßner</i>	01:43,03
	6	<i>Mercier Jean-Philippe</i>	01:43,18
	7	<i>Ryusaku KUBOTA</i>	01:47,39
3	8	Nathan de Groot	01:54,10
	9	Olof Snijders	02:00,32
	10	<i>Mitchell Köhler</i>	02:00,69
	11	Theo van der Meer	02:04,46
	12	<i>Stefano Degenkamp</i>	02:12,00
	13	<i>Jasper Heidebrink</i>	02:21,72
	14	<i>Jurjen Damsté</i>	02:22,94
	15	<i>Rob Daub</i>	02:39,90
	16	<i>Dick Walter</i>	02:43,20
	17	<i>Frank Meeboer</i>	03:49,80
	18	<i>Dennis Fens</i>	DNS
	19	Julian Kramer	DNS
	20	<i>Niklas Kalcher</i>	DNS

50 meter vrijeslag heren / male

NKAIS

	1	<i>Cristian Virgil Tranulea</i>	00:27,98
	2	<i>Nikolaj Kuhn</i>	00:30,12
	3	<i>Jonas Coene</i>	00:31,94
	4	<i>Joseba Aingeru Saezmiera</i>	00:33,02
	5	<i>Tobias Prüßner</i>	00:33,21
	6	<i>Christian N. Schunck</i>	00:33,41
1	7	Michiel Vervoort	00:33,57
2	8	Roland van den Enden	00:34,52
3	9	Richard Broer	00:35,26
	10	Albert Stienezen	00:35,35
	11	Mark Thies	00:36,28
	12	Edwin Romijn	00:38,55
	13	Christian Carlie	00:38,81
	14	Alfred Berendsen	00:39,16
	15	Theo van der Meer	00:42,87
	16	<i>Will Ghrairi</i>	00:55,63
	17	Somaditya Sengupta	DNS
	18	<i>Niklas Kalcher</i>	DNS
	19	Gaurav Chandrashekar	DNS
	20	<i>Philippe Favard</i>	DNS

50 meter vrijeslag dames / female

NKAIS

1	1	Eline van der Wal	00:35,12
	2	<i>Frankie Jackson</i>	00:36,13
2	3	Petra Guijt	00:36,64
	4	<i>Samantha Duvall</i>	00:40,56
3	5	Inge Wolfs	00:42,23
	6	<i>Yvonne van der Sluis</i>	00:42,65
	7	<i>Tina Deeken</i>	00:42,95
	8	<i>Loes van Rijsoort</i>	00:44,44
	9	Ingrid Versteegen	00:45,80
	10	Naomi Apfelbaum-Lubek	00:48,96
	11	Conny Latooij	00:49,54
	12	<i>Katja Hansson</i>	00:50,77
	13	Els Wermenbol	00:50,79
	14	Tanja Moltchanova	01:20,94
	15	<i>Carolien Tijssen</i>	01:28,56
	16	<i>Marja Poot</i>	DNS
	17	<i>Inge Westhof</i>	DNS
	18	Jacqueline Simons	DNS
	19	<i>Jannet Schuurman</i>	DNS
	20	<i>Colinda Post</i>	DNS
	21	<i>Daniella Rustenburg</i>	DNS
	22	Judith Sijbers	DNS
	23	Caroline Kruger	DNS
	24	<i>CHIARA NEGRETTI</i>	DNS

4x50 meter estafette / relay

AIS

1 De ijszwemmers van ZV de Plas	<u>02:13,82</u>
2 Team Denmark	<u>02:33,90</u>
3 Snoepjes	<u>02:47,69</u>
4 Drijfsijssies	<u>02:57,58</u>
5 Binnenmaas Bikkels	<u>03:00,33</u>
6 Sportkunde 1	<u>03:01,86</u>
7 Amersfoort in Zee	<u>03:07,61</u>
8 Chill4-030	<u>03:07,79</u>
9 BILLENKOEK	<u>03:14,16</u>
10 Newwave Care + Marc	<u>03:42,92</u>
11 HOU JE HAAR DROOG	<u>03:55,65</u>
12 Surfplas Ice Swimmers	<u>04:03,36</u>
13 Steiger tijgers 3	<u>04:25,34</u>
14 Steiger tijgers 2	<u>05:02,12</u>
15 Steiger tijgers 1	<u>05:06,15</u>
16 <i>PLONS</i>	<u>05:06,23</u>